



PPPL

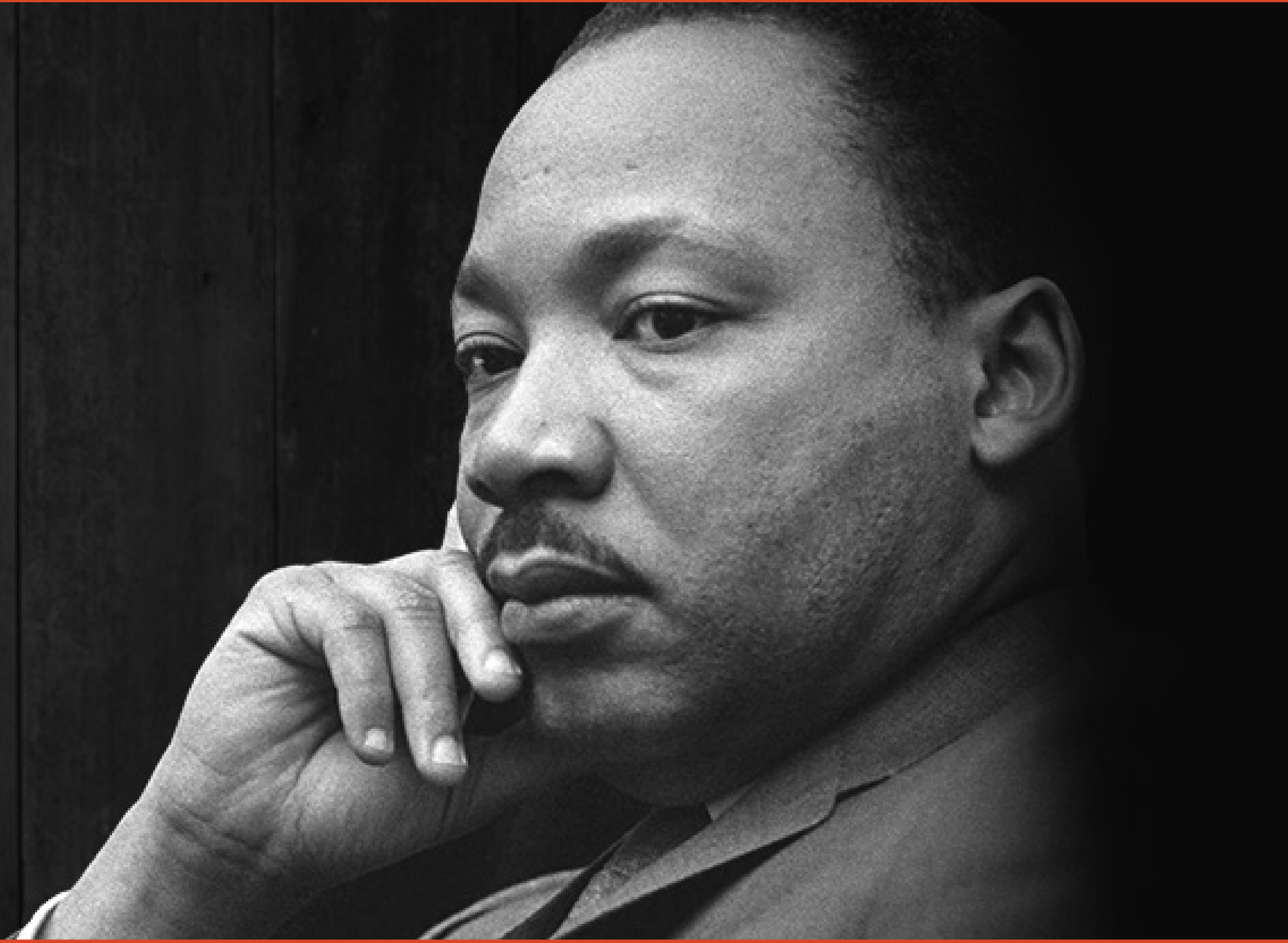
PRINCETON  
PLASMA PHYSICS  
LABORATORY



**January 18–January 24, 2016**

# Martin Luther King Jr. Day

Monday, January 18



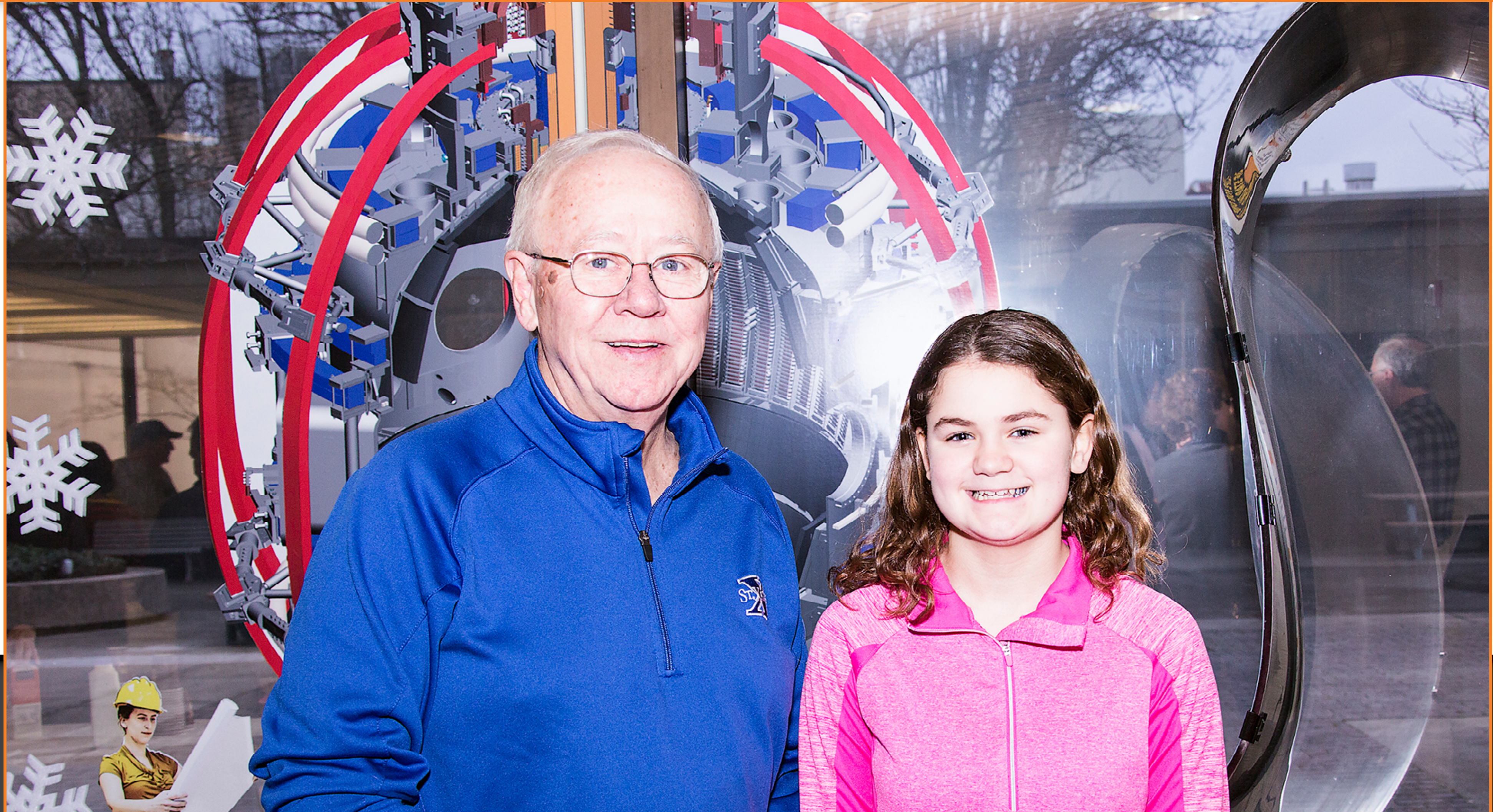
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Ronald E. Hatcher  
**Science on Saturday LECTURE SERIES**

**Using Physics  
and Chemistry to  
Understand the Genome**

**Mary Jo Ondrechen**  
Northeastern University



**Saturday, January 23**

9:30 a.m., M.B.G Auditorium, Lyman Spitzer Building

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# What is PPPL's Environmental Stewardship Policy?

The policy allows us to conduct scientific research and operate Laboratory facilities in a manner that protects and preserves human health and the environment and fully complies with applicable environmental laws, regulations, and other requirements.

For more information, contact [ems@pppl.gov](mailto:ems@pppl.gov) or call ext. 3380.

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# Princeton Research Day

Juniors, seniors, graduate students and postdoctoral researchers are encouraged to present at the inaugural Princeton Research Day, a celebration of research and creative works to be held **May 5, 2016** at Frist Campus Center.

See **[researchday.princeton.edu](http://researchday.princeton.edu)** for more information and to apply.

**Applications will be accepted through Feb. 5, 2016**

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MARK GAZO  
Chef Manager



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CONTINENTAL BREAKFAST ..... 10 a.m. • 11:30 a.m.  
LUNCH ..... 11:30 a.m. • 1:30 p.m.  
SNACK SERVICE ..... until 2:30 p.m.

|                                       | Monday<br>January 18                                                                                                                                                                                          | Tuesday<br>January 19                                                                    | Wednesday<br>January 20                                                                                             | Thursday<br>January 21                                                                                                  | Friday<br>January 22                                                               |
|---------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------|
| COMMAND PERFORMANCE<br>Chef's Feature | <b>Fettuccine</b> with Chicken, Broccoli, Mushrooms, Tomatoes & Artichokes                                                                                                                                    | <b>Ziti</b> with Wild Mushrooms, Ricotta Cheese, Mozzarella & Marinara Sauce             | COMMAND PERFORMANCE<br><b>Mac &amp; Cheese Bar</b><br>Choose from a variety of ingredients to top your Mac & Cheese | <b>Meatloaf</b> with Smashed Cilantro Potatoes, Roasted Carrots & Gravy                                                 | <b>Lemon Pepper Salmon</b><br>served with Risotto and Garlic Sautéed Broccoli Rabe |
| Early Riser                           | <b>Chicken &amp; Cheddar Omelet</b> served with Hash Browns                                                                                                                                                   | <b>Tex Mex Scrambled Eggs</b> with Shredded Beef, Pepperjack & Tomato in a Corn Tortilla | <b>Sausage Hash Brown Bake</b>                                                                                      | <b>Egg McMuffin</b> with Ham served with Hash Browns                                                                    | <b>Sausage Gravy &amp; Biscuits</b> served with 2 Eggs any style                   |
| Country Kettle                        | <b>Kielbasa Soup</b>                                                                                                                                                                                          | <b>Vegetable Chili</b>                                                                   | <b>Chicken Rice</b>                                                                                                 | <b>Minestrone</b>                                                                                                       | <b>Crab Bisque</b>                                                                 |
| Grille Special                        | BURGERLICIOUS<br><b>BBQ Beef in a Blanket</b><br>Grilled Beef Burger with Cheddar Cheese, Bacon Blanket, Crispy Onion Straws, Dill Pickle Chips and Chipotle BBQ Sauce on a Brioche Roll (Available All Week) | <b>Corned Beef Reuben</b> on Rye                                                         | <b>Fish Taco</b> with Pickled Slaw, Cilantro, Chipotle Sour Cream                                                   | <b>Grilled Texas Toast</b> with Prosciutto, Chicken, Swiss Cheese & Dijonnaise                                          | <b>Vegetarian Quesadilla</b>                                                       |
| Deli Special                          | <b>Egg Salad &amp; Provolone</b> with Arugula & Tomato on French Bread                                                                                                                                        | <b>Veggie Burger</b> on a Wheat Roll served with Soy Bean Hummus & Pita Chips            | <b>Italian Hoagie</b> with Prosciutto, Capicola, Fresh Mozzarella, Lettuce, Tomato & Marinated Red Peppers          | <b>Salad Nicoise-Grilled Tuna</b> with Herbed Potatoes, Kalamata Olives, Cherry Tomatoes, Green Beans & Hard-Cooked Egg | <b>Turkey</b> , Blue Cheese, Avocado, Bacon, Lettuce & Tomato on a Kaiser Roll     |
| Panini                                | <b>Pork Roll &amp; American Cheese</b> on a Kaiser Roll served with Disco Fries (Gravy & Cheese)                                                                                                              | <b>Grilled Salmon</b> with Citrus Spinach Salad                                          | <b>Ham, Smoked Turkey, Pastrami</b> , American Cheese, Pesto, Onion & Tomato on Focaccia Bread                      | <b>Eggplant Parmesan Sub</b>                                                                                            | <b>Chipotle Roast Beef</b> with Blue Cheese, Onion, & Tomato on Ciabatta Bread     |

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VEGETARIAN OPTION



MARK GAZO  
Chef Manager



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