



August 15–August 21, 2016

A day of fishing fun!



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September 24th Bluefishing Trip

Aboard the Suzie Girl

Date: Saturday September 24th 2016

Departure: 7:30 a.m. SHARP!!!

Location: Belmar Marina Hwy. 35, Belmar, NJ 07719

Cost: \$80 Per person ALL INCLUSIVE

Cost includes everything: rods, bait, fish cleaning, food, beverages. All you need to do is show up!

Money due by Friday, September 16th. NO REFUNDS.

Contact Andy Carpe, ext. 2118, acarpe@pppl.gov,
or Bob Tucker Jr., ext. 3190, rltucker@pppl.gov

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Yoga Classes

PPPL offers lunchtime yoga classes each Monday and Wednesday from noon to 1 p.m. in the LSB Commons.

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Get involved!

Tour Guides and Hosts Wanted!

We need engineers and physicists who are willing to donate a couple of hours of their time each week to show off the cool science at the Laboratory. We are also looking for hosts to greet visitors and make sure tours begin smoothly.

Please email Jeanne Jackson DeVoe, jjackson@pppl.gov to volunteer.

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October Boy Scouts STEM Fair

Volunteers needed

Subject experts in physics and engineering are especially needed to plan workshops.



Please contact Rob Sheneman,
rshenema@pppl.gov, ext. 3392, to volunteer.

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BROCK

MARK GAZO

Chef Manager

Premier



BREAKFAST 7 a.m. • 10 a.m.
CONTINENTAL BREAKFAST 10 a.m. • 11:30 a.m.
LUNCH 11:30 a.m. • 1:30 p.m.
SNACK SERVICE until 2:30 p.m.

	Monday August 15	Tuesday August 16	Wednesday August 17	Thursday August 18	Friday August 19
COMMAND PERFORMANCE Chef’s Feature	OTA-Ya Sushi	Ravioli Puttanesca with Olives, Capers, Red Onion, Garlic & Basil	Loaded Baked Potato Bar	Beef Stroganoff served over Egg Noodles	Pub-Style Fish & Chips
Early Riser	Potato Skins with Egg, Bacon & Swiss Cheese	Steak, Egg & Cheese Quesadilla	Ham & Bacon Breakfast Strata	Ham Steak with White Country Gravy, 2 Eggs & Biscuit	2 Eggs, Choice of Breakfast Meat & Tater Tots
Country Kettle	Chicken Gumbo	Spinach Tortellini Tomato	Italian Wedding Soup	Split Pea	Manhattan Clam Chowder
Grille Special	Corned Beef Reuben on Rye	Pork Roll, 2 Eggs & Cheese on a Kaiser Roll with Tater Tots	Chicken Cacciatore Sub	BBQ Chicken, Cheddar Cheese, Onion Straws, Lettuce & Tomato on Kaiser Roll	Crab, Asparagus & Roasted Pepper Quesadilla
Deli Special	Tofu Burger	Italian Chopped Antipasta Wrap	Italian Hot Dog with Peppers, Onions & Potatoes	Shrimp Salad on Multigrain Bread	Chicken Parmesan Sub
Panini	3-Cheese Panini with Cheddar, Swiss & Blue Cheese with Bacon & Tomatoes on Sourdough	Andouille Sausage Torpedo with Peppers & Onions	Teriyaki Chicken with Grilled Pineapple, & Swiss Cheese on a Kaiser Roll	Asparagus, Sundried Tomatoes, Roasted Peppers & Mozzarella Cheese Wrap	Teriyaki Chicken Quesadilla with Peppers & Onions

MENU SUBJECT TO CHANGE WITHOUT NOTICE

VEGETARIAN OPTION