

Never cross red tape!

The Gifts
of the Ocean
and its Future

Ken FuruyaUniversity of Tokyo



The Gifts
of the Ocean
and its Future

Ken FuruyaUniversity of Tokyo



The Gifts
of the Ocean
and its Future

Ken FuruyaUniversity of Tokyo



Yoga Classes

PPPL offers lunchtime yoga classes each Monday and Wednesday from noon to 1 p.m. in the LSB Commons.

Better Cities Through Imaging

Gregory DoblerNew York University



Better Cities Through Imaging

Gregory DoblerNew York University



Better Cities Through Imaging

Gregory DoblerNew York University



American Red Cross Blood Drive

Friday, October 7

8 a.m.-1 p.m.

American Red Cross Bloodmobile Lower Parking Lot

To schedule a donation appointment, please contact the OMO at extension 3200.

American Red Cross Blood Drive

Friday, October 7

8 a.m.-1 p.m.

American Red Cross Bloodmobile Lower Parking Lot

To schedule a donation appointment, please contact the OMO at extension 3200.

American Red Cross Blood Drive

Friday, October 7

8 a.m.-1 p.m.

American Red Cross Bloodmobile Lower Parking Lot

To schedule a donation appointment, please contact the OMO at extension 3200.

Bluefishing Trip Aboard the Suzie Girl Rescheduled!

Date: Saturday, October 9, 2016

Departure: 7:30 a.m. SHARP!!!

Location: Belmar Marina Hwy. 35, Belmar, NJ 07719

Cost: \$80 Per person ALL INCLUSIVE

Cost includes everything: rods, bait, fish cleaning, food, beverages. All you need to do is show up!

Contact Andy Carpe, ext. 2118, acarpe@pppl.gov, or Bob Tucker Jr., ext. 3190, rltucker@pppl.gov

Bluefishing Trip Aboard the Suzie Girl Rescheduled!

Date: Saturday, October 9, 2016

Departure: 7:30 a.m. SHARP!!!

Location: Belmar Marina Hwy. 35, Belmar, NJ 07719

Cost: \$80 Per person ALL INCLUSIVE

Cost includes everything: rods, bait, fish cleaning, food, beverages. All you need to do is show up!

Contact Andy Carpe, ext. 2118, acarpe@pppl.gov, or Bob Tucker Jr., ext. 3190, rltucker@pppl.gov

Bluefishing Trip Aboard the Suzie Girl Rescheduled!

Date: Saturday, October 9, 2016

Departure: 7:30 a.m. SHARP!!!

Location: Belmar Marina Hwy. 35, Belmar, NJ 07719

Cost: \$80 Per person ALL INCLUSIVE

Cost includes everything: rods, bait, fish cleaning, food, beverages. All you need to do is show up!

Contact Andy Carpe, ext. 2118, acarpe@pppl.gov, or Bob Tucker Jr., ext. 3190, rltucker@pppl.gov

Tour Guide Meeting

Please come to a tour meeting on Oct. 11 from 9:30-10:30 a.m. in the MBG Auditorium. Both experienced and new tour guides are welcome.

After a general meeting, experienced tour guides will be free to leave at 10:30 a.m. New tour guides will stay for a tour training session from 10:30–11:30 a.m.

Tour Guide Meeting

Please come to a tour meeting on Oct. 11 from 9:30-10:30 a.m. in the MBG Auditorium. Both experienced and new tour guides are welcome.

After a general meeting, experienced tour guides will be free to leave at 10:30 a.m. New tour guides will stay for a tour training session from 10:30–11:30 a.m.

Tour Guide Meeting

Please come to a tour meeting on Oct. 11 from 9:30-10:30 a.m. in the MBG Auditorium. Both experienced and new tour guides are welcome.

After a general meeting, experienced tour guides will be free to leave at 10:30 a.m. New tour guides will stay for a tour training session from 10:30–11:30 a.m.

Wanted: Undergraduate women interested in physics for January conference

What: Apply now for the 2017 Conference for Undergraduate Women in Physics

When: Oct. 14 deadline for the Jan. 13-15 conference

Where: Princeton University

Cost: The conference, lodging and meals are covered. Students pay \$45 registration fee and transportation.

Applications and more information: cuwip.princeton.edu or contact Shannon Swilley Greco, sgreco@pppl.gov, ext. 2208

Wanted: Undergraduate women interested in physics for January conference

What: Apply now for the 2017 Conference for Undergraduate Women in Physics

When: Oct. 14 deadline for the Jan. 13-15 conference

Where: Princeton University

Cost: The conference, lodging and meals are covered. Students pay \$45 registration fee and transportation.

Applications and more information: cuwip.princeton.edu or contact Shannon Swilley Greco, sgreco@pppl.gov, ext. 2208

Wanted: Undergraduate women interested in physics for January conference

What: Apply now for the 2017 Conference for Undergraduate Women in Physics

When: Oct. 14 deadline for the Jan. 13-15 conference

Where: Princeton University

Cost: The conference, lodging and meals are covered. Students pay \$45 registration fee and transportation.

Applications and more information: cuwip.princeton.edu or contact Shannon Swilley Greco, sgreco@pppl.gov, ext. 2208

October Boy Scouts STEM Fair

Volunteers needed

Subject experts in physics and engineering are especially needed to plan workshops.



Please contact Rob Sheneman, rshenema@pppl.gov, ext. 3392, to volunteer.

October Boy Scouts STEM Fair

Volunteers needed

Subject experts in physics and engineering are especially needed to plan workshops.



Please contact Rob Sheneman, rshenema@pppl.gov, ext. 3392, to volunteer.

October Boy Scouts STEM Fair

Volunteers needed

Subject experts in physics and engineering are especially needed to plan workshops.



Please contact Rob Sheneman, rshenema@pppl.gov, ext. 3392, to volunteer.

Helmets are required for biking on site.





BREAKFAST	
CONTINENTAL BREAKFAST	
LUNCH	
SNACK SERVICE	until 2:30 p.m.

	Monday October 3	Tuesday October 4	Wednesday October 5	Thursday October 6	Friday October 7
Chef's Feature	Beef Chili Boule with Assorted Toppings	Baked Manicotti with Garlic Bread	Maple-Glazed Ham served with Au Gratin Potatoes & Roasted Squash & Zucchini	Traditional Sauerbraten	Teriyaki-Grilled Salmon with Roasted Edamame and Rice
Early Riser	Bacon, Egg and Cheese Croissant	Italian Meat & Cheese Omelet topped with Wilted Spinach with Home Fries	Potato, Roasted Pepper & Sundried Tomato Casserole with 2 Eggs any Style	Cinnamon-Raisin Pancakes with Homemade Apple Compote	Brunch Panini with Prosciutto, Provolone, & Strawberry Preserves
Country Kettle	Manhattan Clam Chowder	Potato Corn Chowder	Chicken Noodle	Tomato Soup	Turkey Chili
Grille Special	Grilled Ham and 3 Cheeses on Challah Bread	Fried Salami and Cheddar on a Kaiser	Cheese Calzone with Marinara Sauce	Knockwurst & Sauerkraut with Braised Cabbage & German Potato Salad	BBQ Tempeh Wrap with Cheddar Cheese, Peppers & Onions
Deli Special	Turkey Bruschetta on Ciabatta	Asiago Roast Beef Toasted Ciabatta with Grilled Onion, Tomato & Horseradish	BBQ Pulled Chicken on a Kaiser Roll	Turkey Pastrami Sloppy Joe	Autumn Chicken Salad on Multigrain Bread
Panini	Pastrami and Swiss Flatbread	Fried Fish with Cheddar, Tomato & Tartar Sauce Torpedo	Breaded Chicken Cutlet with Ham, Swiss Cheese, Lettuce & Honey Mustard Ciabatta	Curried Lentil & Brown Rice Wrap	Texas BBQ Beef topped with Southwest Slaw on a Kaiser Roll
MENU SUBJECT TO CHANGE WITHOUT NOTICE				HEART HEALTHY	VEGETARIAN OPTION





BREAKFAST	
CONTINENTAL BREAKFAST	
LUNCH	
SNACK SERVICE	until 2:30 p.m.

	Monday October 3	Tuesday October 4	Wednesday October 5	Thursday October 6	Friday October 7
Chef's Feature	Beef Chili Boule with Assorted Toppings	Baked Manicotti with Garlic Bread	Maple-Glazed Ham served with Au Gratin Potatoes & Roasted Squash & Zucchini	Traditional Sauerbraten	Teriyaki-Grilled Salmon with Roasted Edamame and Rice
Early Riser	Bacon, Egg and Cheese Croissant	Italian Meat & Cheese Omelet topped with Wilted Spinach with Home Fries	Potato, Roasted Pepper & Sundried Tomato Casserole with 2 Eggs any Style	Cinnamon-Raisin Pancakes with Homemade Apple Compote	Brunch Panini with Prosciutto, Provolone, & Strawberry Preserves
Country Kettle	Manhattan Clam Chowder	Potato Corn Chowder	Chicken Noodle	Tomato Soup	Turkey Chili
Grille Special	Grilled Ham and 3 Cheeses on Challah Bread	Fried Salami and Cheddar on a Kaiser	Cheese Calzone with Marinara Sauce	Knockwurst & Sauerkraut with Braised Cabbage & German Potato Salad	BBQ Tempeh Wrap with Cheddar Cheese, Peppers & Onions
Deli Special	Turkey Bruschetta on Ciabatta	Asiago Roast Beef Toasted Ciabatta with Grilled Onion, Tomato & Horseradish	BBQ Pulled Chicken on a Kaiser Roll	Turkey Pastrami Sloppy Joe	Autumn Chicken Salad on Multigrain Bread
Panini	Pastrami and Swiss Flatbread	Fried Fish with Cheddar, Tomato & Tartar Sauce Torpedo	Breaded Chicken Cutlet with Ham, Swiss Cheese, Lettuce & Honey Mustard Ciabatta	Curried Lentil & Brown Rice Wrap	Texas BBQ Beef topped with Southwest Slaw on a Kaiser Roll
MENU SUBJECT TO CHANGE WITHOUT NOTICE				HEART HEALTHY	VEGETARIAN OPTION





BREAKFAST	7 a.m. • 10 a.m.
CONTINENTAL BREAKFAST	10 a.m. • 11:30 a.m.
LUNCH	
SNACK SERVICE	until 2:30 p.m.

	Monday October 3	Tuesday October 4	Wednesday October 5	Thursday October 6	Friday October 7
Chef's Feature	Beef Chili Boule with Assorted Toppings	Baked Manicotti with Garlic Bread	Maple-Glazed Ham served with Au Gratin Potatoes & Roasted Squash & Zucchini	Traditional Sauerbraten	Teriyaki-Grilled Salmon with Roasted Edamame and Rice
Early Riser	Bacon, Egg and Cheese Croissant	Italian Meat & Cheese Omelet topped with Wilted Spinach with Home Fries	Potato, Roasted Pepper & Sundried Tomato Casserole with 2 Eggs any Style	Cinnamon-Raisin Pancakes with Homemade Apple Compote	Brunch Panini with Prosciutto, Provolone, & Strawberry Preserves
Country Kettle	Manhattan Clam Chowder	Potato Corn Chowder	Chicken Noodle	Tomato Soup	Turkey Chili
Grille Special	Grilled Ham and 3 Cheeses on Challah Bread	Fried Salami and Cheddar on a Kaiser	Cheese Calzone with Marinara Sauce	Knockwurst & Sauerkraut with Braised Cabbage & German Potato Salad	BBQ Tempeh Wrap with Cheddar Cheese, Peppers & Onions
Deli Special	Turkey Bruschetta on Ciabatta	Asiago Roast Beef Toasted Ciabatta with Grilled Onion, Tomato & Horseradish	BBQ Pulled Chicken on a Kaiser Roll	Turkey Pastrami Sloppy Joe	Autumn Chicken Salad on Multigrain Bread
Panini	Pastrami and Swiss Flatbread	Fried Fish with Cheddar, Tomato & Tartar Sauce Torpedo	Breaded Chicken Cutlet with Ham, Swiss Cheese, Lettuce & Honey Mustard Ciabatta	Curried Lentil & Brown Rice Wrap	Texas BBQ Beef topped with Southwest Slaw on a Kaiser Roll
MENU SUBJECT TO CHANGE WITHOUT NOTICE				HEART HEALTHY	VEGETARIAN OPTION