



October 10–16, 2016

THINK

Maintain situational
awareness.

Tour Guide Meeting

Please come to a tour meeting on Oct. 11 from 9:30–10:30 a.m. in the MBG Auditorium. Both experienced and new tour guides are welcome.

After a general meeting, experienced tour guides will be free to leave at 10:30 a.m. New tour guides will stay for a tour training session from 10:30–11:30 a.m.

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COLLOQUIUM

Estimating the Age of Life Using Moore's Law

Alexei Sharov

National Institutes of Health



Wednesday, Oct. 12

4:15 p.m., M.B.G Auditorium, Lyman Spitzer Building

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Yoga Classes

PPPL offers lunchtime yoga classes each Monday and Wednesday from noon to 1 p.m. in the LSB Commons.

Wanted: Undergraduate women interested in physics for January conference

What: Apply now for the 2017 Conference for Undergraduate Women in Physics

When: Oct. 14 deadline for the Jan. 13–15 conference

Where: Princeton University

Cost: The conference, lodging and meals are covered. Students pay \$45 registration fee and transportation.

Applications and more information: cuwip.princeton.edu
or contact **Shannon Swilley Greco**, sgreco@pppl.gov, ext. 2208

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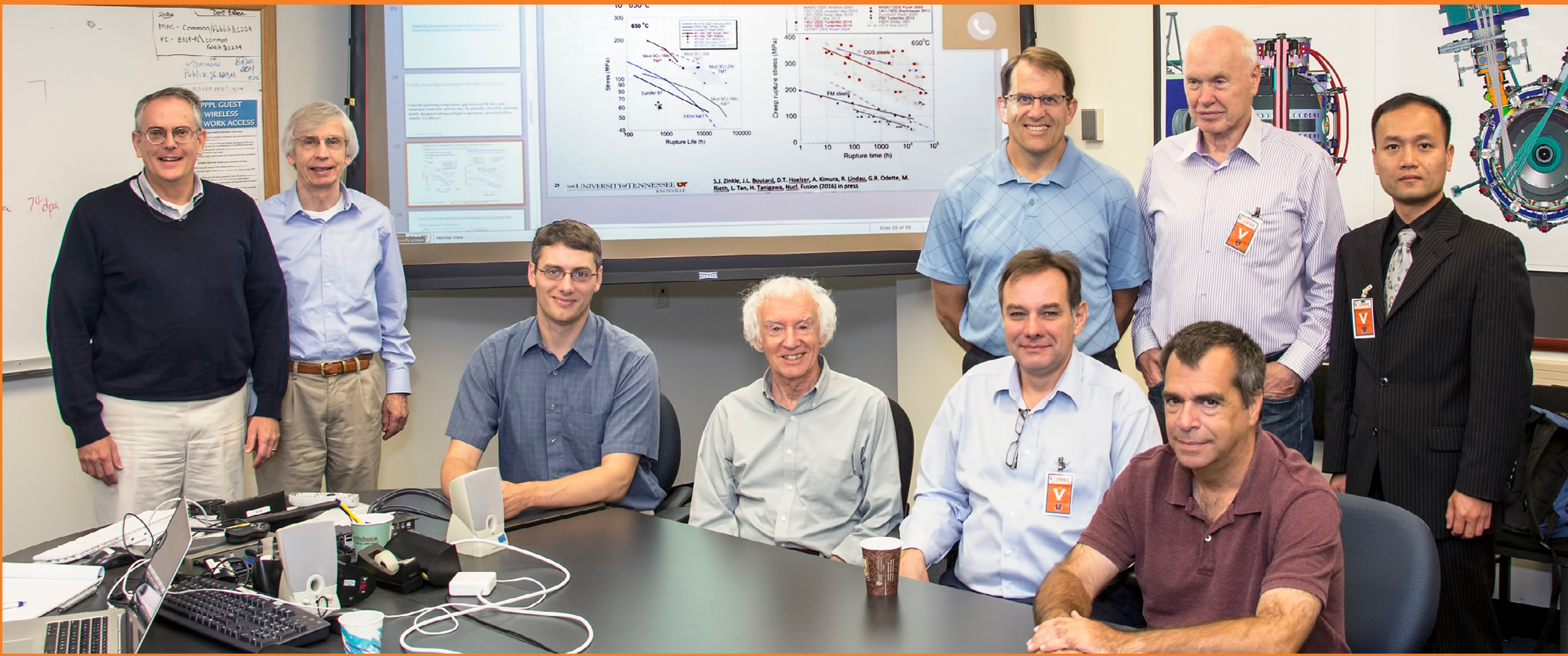
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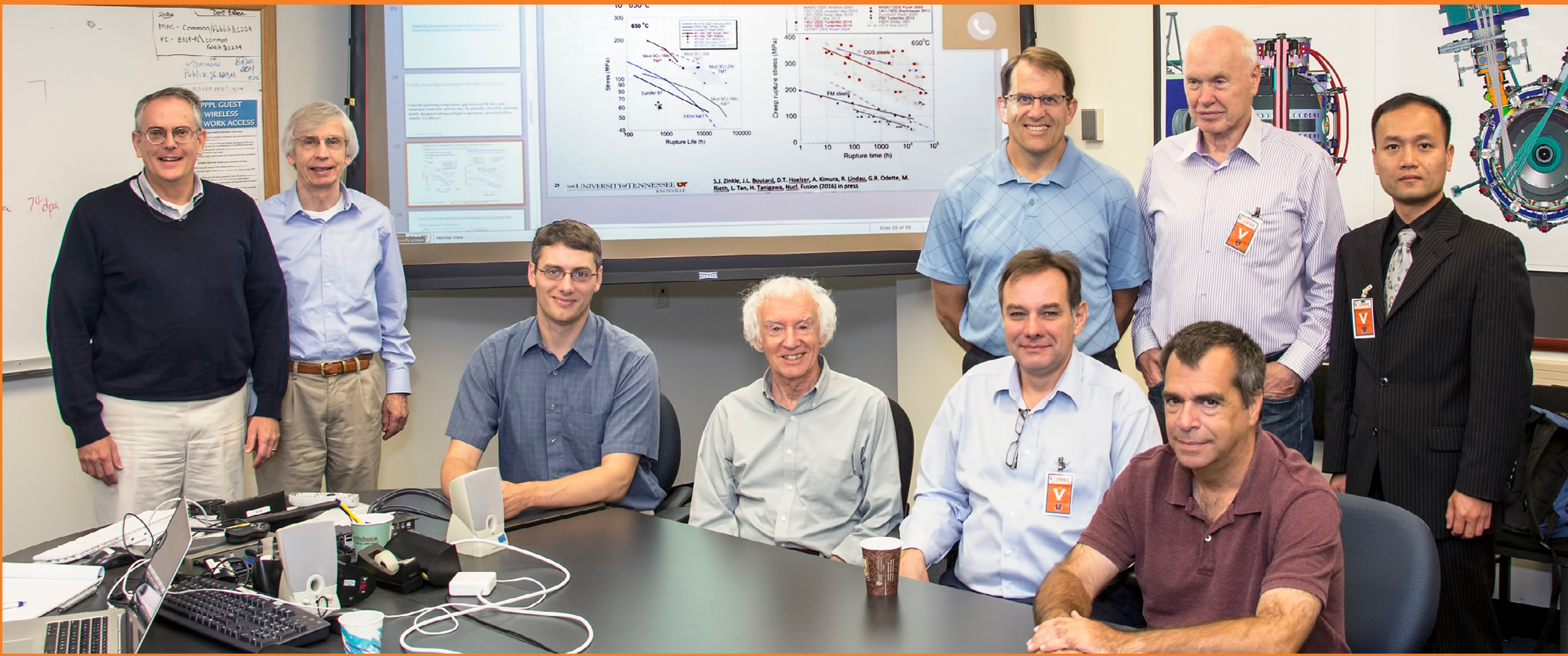
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Chuck Kessel leads semi-annual FNSF planning session



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Director of Omega Facility tours Laboratory



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Korea Hydro & Nuclear Power Company delegation tours PPPL



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PPPL on lockdown for emergency drill



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It's time to get your flu vaccine!

Influenza is a contagious disease caused by a virus. It can be spread by coughing, sneezing or nasal secretions.

By getting the flu vaccine, you can protect yourself from Influenza and may also avoid spreading this illness to others.

Please call the OMO at extension 3200 to make an appointment.

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October Boy Scouts STEM Fair

Volunteers needed

Subject experts in physics and engineering are especially needed to plan workshops.



Please contact Rob Sheneman,
rshenema@pppl.gov, ext. 3392, to volunteer.

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Do not “live with”
unsafe conditions!

BROCK

NICK PETTI

Chef Manager

Premier

Café

at PPPL

BREAKFAST 7 a.m. • 10 a.m.

CONTINENTAL BREAKFAST 10 a.m. • 11:30 a.m.

LUNCH 11:30 a.m. • 1:30 p.m.

SNACK SERVICE until 2:30 p.m.

	Monday October 10	Tuesday October 11	Wednesday October 12	Thursday October 13	Friday October 14
COMMAND PERFORMANCE Chef's Feature	Beef Chili Boule with Assorted Toppings	Baked Manicotti with Garlic Bread	Maple-Glazed Ham served with Au Gratin Potatoes & Roasted Squash & Zucchini	Traditional Sauerbraten	Teriyaki-Grilled Salmon with Roasted Edamame and Rice
Early Riser	Bacon, Egg and Cheese Croissant	Italian Meat & Cheese Omelet topped with Wilted Spinach with Home Fries	Potato, Roasted Pepper & Sundried Tomato Casserole with 2 Eggs any Style	Cinnamon-Raisin Pancakes with Homemade Apple Compote	Brunch Panini with Prosciutto, Provolone, & Strawberry Preserves
Country Kettle	Manhattan Clam Chowder	Potato Corn Chowder	Chicken Noodle	Tomato Soup	Turkey Chili
Grille Special	Grilled Ham and 3 Cheeses on Challah Bread	Fried Salami and Cheddar on a Kaiser	Cheese Calzone with Marinara Sauce	Knockwurst & Sauerkraut with Braised Cabbage & German Potato Salad	BBQ Tempeh Wrap with Cheddar Cheese, Peppers & Onions
Deli Special	Turkey Bruschetta on Ciabatta	Asiago Roast Beef Toasted Ciabatta with Grilled Onion, Tomato & Horseradish	BBQ Pulled Chicken on a Kaiser Roll	Turkey Pastrami Sloppy Joe	Autumn Chicken Salad on Multigrain Bread
Panini	Pastrami and Swiss Flatbread	Fried Fish with Cheddar, Tomato & Tartar Sauce Torpedo	Breaded Chicken Cutlet with Ham, Swiss Cheese, Lettuce & Honey Mustard Ciabatta	Curried Lentil & Brown Rice Wrap	Texas BBQ Beef topped with Southwest Slaw on a Kaiser Roll

MENU SUBJECT TO CHANGE WITHOUT NOTICE

HEART HEALTHY

VEGETARIAN OPTION

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