

At PPPL THIS WEEK

FEB. 23

Yoga
Now every Monday & Wednesday
12 to 1 p.m. ♦ NSTX-U Control
Room Overlook

FEB. 25

Colloquium
4:15 p.m. ♦ MBG Auditorium
[Funding of Fusion Energy](#)
Professor Neik Lopes Cardozo,
Eindhoven University of Technology

FEB. 28

**Ronald E. Hatcher Science on
Saturday Lecture Series**
9:30 a.m. ♦ MBG Auditorium
[Zero-Knowledge Arms Control:
Proving a Warhead is Real While
Learning Nothing About It](#)
Robert Goldston, PPPL, Princeton
University Astrophysical Sciences

UPCOMING

MARCH 3

Clipper Ship presentation
12 to 1 p.m. ♦ MBG Auditorium
Don McBride

MAR. 5

**Raymond and Beverly Sackler
Lecture in Astrophysics**
8 p.m. ♦ A-02 McDonnell Hall,
Princeton University
[Dark Energy and Cosmic Sound](#)
Daniel Eisenstein, Harvard-Smithsonian
Center for Astrophysics

MAR. 19

**2015 Young Women's Conference
in Science, Technology,
Engineering & Mathematics**
9 a.m. to 2 p.m. ♦ Frick Chemistry
Building, Princeton University

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Coming in March: A Lunch & Learn program on technologies at PPPL

By Jeanne Jackson DeVoe

Members of PPPL's IT Department are giving an old idea a new spin at PPPL by hosting "Lunch and Learn" workshops starting next month. The sessions will inform PPPLers about how to make better use of some of the numerous technologies offered here.

Marc Cohen, head of the IT Department's User Support and Operations group, sees the workshops as a good way to both help PPPLers become more comfortable with various technologies and improve communication between the Help Desk and the staff.

"There's dozens of technologies that IT offers and we want to make sure that our users know about them and make sure they can take advantage of them," Cohen said. "At the same time, we can find out if they're the right technologies, if they're helping our users more gracefully conduct their work."



Marc Cohen

[continued on page 3](#)

Fun and frigid temperatures for ski trip



Skiers and friends and family, with Sheneman in red in the front, pose at the bottom of the mountain.

[more photos on page 4](#)



I AM THE LAB

Marisol Ovalles

Most people who work at PPPL have probably met Marisol Ovalles, a PPPL employee for almost 16 years who cheerfully delivers the mail to staff members in six buildings each day. It's a task she enjoys precisely because she gets to meet so many PPPL'ers. But most of Ovalles' job involves working as an assistant stores coordinator in the Material Services Department, which means she is one of the people responsible for checking in and keeping track of the numerous supplies that arrive in the storeroom—everything from light bulbs to batteries, medical supplies, hammers, and cleaning products.

Ovalles came to PPPL after taking courses at the Career Training Institute at Mercer County College. She loves volunteering for PPPL's Young Women's Conference each year and has also worked on the Diversity & Inclusion Committee. She and her husband, her son Edward Ramos, 24, and her two teen-agers, Samantha, 15, and Matthew Rivas, 13, live in Trenton. In her spare time, Ovalles is active in a group advocating for better educational opportunities for special education students.

Please tell us about your job.

I have to sort and deliver the mail. I spend two hours on that every day. We get mail from the University and the post office. I pack it up and then I wrap it up and bring it on down. It's a lot of stops.

My whole operation mainly is storage—anything people get from the storeroom. We have spare parts and all the items in the stockroom. A lot of the Lab—300 something people from the Lab—use the storeroom, so you could say 80 percent of the Lab uses the storeroom. We also order the gasoline and all the cylinders and we recycle toner cartridges. I'm also in charge of ordering the safety shoes.

What do you like about your job?

Every day it seems like something different. I get to meet a lot of people, especially as I'm walking down the hall. I really enjoy working with everybody here. Everybody is really nice. I also like that I get to communicate a lot with everyone doing the mail or in the stockroom. I believe that I learn something new every day.

I know that many people get tired about hearing about safety all the time. They just have to remember that at the end of the day, it's about getting you home safe to your family. I enjoy doing all my different job duties and I do my best to do them safely all the time.



What has been your best experience at PPPL?

I like being a tour guide for the Young Women's Conference. I take the girls to the different locations. I like just listening to the speakers. It's really good. I feel good just looking at the girls being interested and I just hope that they go into science.

What do you like to do when you're not at work?

I really like being involved in special education. I am a board member for the Special Parent Advocacy Group. It's a group that helps parents with special needs children.

The group just opened the first after-school program for special needs children in New Jersey in Trenton. It serves as a liaison between parents and the school districts to get things resolved before they go any further.

My great passion is being a parent. I love being a mother.

What do you tell people about PPPL?

A lot of people ask what we do here. Now I just say, "We're just trying to create a star on earth," so a lot of people get it, and they say, "Oh, fusion!" I believe that our goal here at PPPL is exciting. I believe that anything that helps the earth stay healthier is a great thing. 🌱

Lunch and Learn

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The workshops will be held once every three to four weeks at lunchtime and will feature various members of the IT staff. The first program will be held at the end of March with a talk by Eliot Feibush on NoMachine, a virtual desktop for the PPPL Linux cluster.

Upcoming programs will focus on other new technologies, including PPPL's new computer back-up program CrashPlan Pro. Cohen also plans at least one workshop on some of the numerous features offered in the Google web interface such as the calendar.


The workshops will be a way to address some of the common questions and problems that staff members have with various technologies that the Help Desk sees in Help Desk requests, Cohen said. Many people ask how to upgrade their current operating systems, for example. Staff members also want to learn how to do tasks like reserving a conference room or configuring their vacation messages.

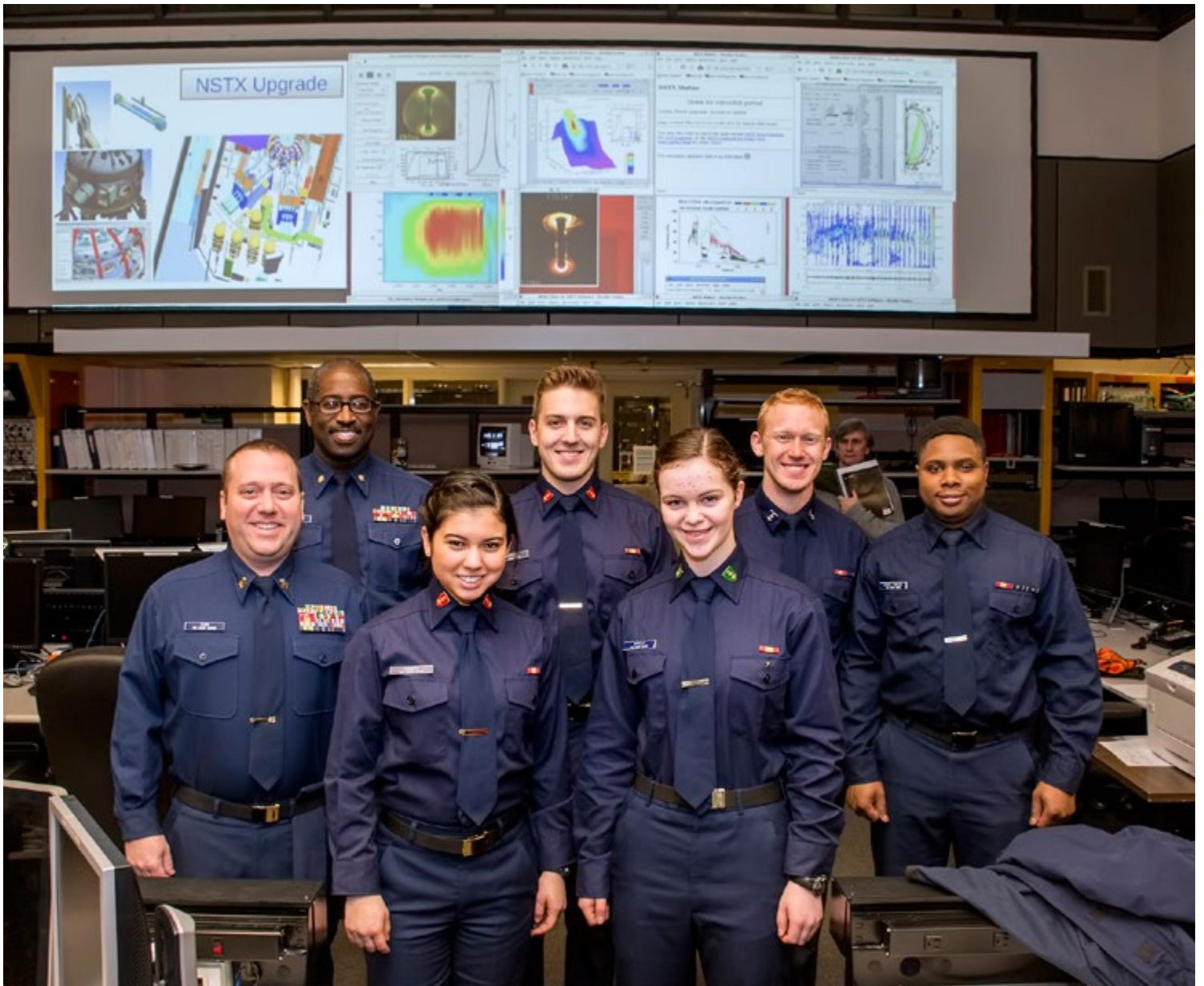
Various members of the IT staff have volunteered to give the sessions. They have already come up with several topics for

future workshops and they are hoping that staff members will suggest topics that interest them.

Cohen plans a web page that gives the dates and times of the Lunch and Learn sessions. The workshops will be filmed and the video and fact sheets about various programs will be available on the website.

The Help Desk began offering a similar program last month when it hosted workshops to launch its new help request ticketing system, ServiceNow. More than 20 people attended the final session. There were also workshops for staff when the Lab switched to Google mail a few years ago. But more often, there is little publicity or training about new technologies.

"We routinely get feedback from our users saying 'I didn't even know we had this tool' or 'I didn't even know I could do this,'" Cohen said. "That's some of the driving force behind putting this program together." 



Coast Guard cadets visit PPPL: Lt. Cmdr. Royce James, back far left, poses with Jeremy Turk, electronics technician, first class, and cadets from the U.S. Coast Guard Academy in the NSTX-U Control Room. Erik Gilson and Philip Efthimion gave the group a tour of PPPL on Feb. 17. James is a physicist who has worked with Efthimion on research projects through the Off-Site University Research Program.

Ski Trip

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Some 32 PPPL'ers, friends, and family members braved chilly temperatures of 15 to 25 degrees Fahrenheit on a beautiful sunny day to go skiing on Shawnee Mountain in Pennsylvania's Pocono mountains. The trip was organized by Robert Sheneman and Paulette Gangemi, who is a member of Shawnee's Ski Patrol. Another trip is planned for Friday, March 6. Go to <http://tinyurl.com/pppl-march-ski> to sign up. The deadline is Monday, March 2, at 4 p.m. 📅



The black diamond trail at Shawnee Mountain.



A group of skiers prepares to ski down the hill.



PPPL skiers pose for a photo on the porch of the lodge at the top of the mountain.

Xango graduates from guide dog school

Xango, the black Labrador, graduated from guide dog school at Seeing Eye Inc. in Morristown in January, and has been assigned to a 32-year-old woman in Pennsylvania.

Xango was raised as a puppy by Robert Sheneman and his family and came to work with him at PPPL for several months last spring and summer. His new owner works for a non-profit organization that helps people with disabilities to live independently. She told Xango's trainer that Xango is "the beginning of my new life!" She is getting married in the fall and she and her fiancée plan to include Xango in their wedding.

Sheneman and his family are now raising a golden Lab named Avatar who often accompanies him to the office. 🐶



COLLOQUIUM

Funding of Fusion Energy

Professor Niek Lopes Cardozo
Eindhoven University of Technology



Wednesday, February 25
4:15 p.m. (coffee/tea at 4 p.m.),
M.B.G Auditorium, Lyman Spitzer Building

New PPPL Colloquium Page

PPPL has a new Facebook page for colloquia with all the latest information about upcoming lectures.

Calling All Volunteers for Young Women's Conference

Dozens of volunteers are needed for PPPL's Young Women's Conference in Science, Technology, Engineering, and Mathematics, on Thursday, March 19 at Princeton's University's Frick Chemistry building from 8 a.m. to 2 p.m.

The event attracts more than 300 young women from seventh to tenth grade and volunteers are needed to help with everything from registration to helping out with exhibits.

Please fill out a volunteer form if you are interested in applying or contact Deedee Ortiz at dortiz@pppl.gov

Ronald E. Hatcher

Science on Saturday LECTURE SERIES

Zero-Knowledge Arms Control: Proving a Warhead is Real While Learning Nothing About It

Robert Goldston

PPPL, Princeton University Astrophysical Sciences



Saturday, February 28

Doors open at 8:15 a.m., lectures begin promptly at 9:30 a.m.
M.B.G Auditorium, Lyman Spitzer Building

Raymond and Beverly Sackler Lecture in Astrophysics

Dark Energy and Cosmic Sound

Daniel Eisenstein

Harvard-Smithsonian Center for Astrophysics



Thursday, March 5

8 p.m., A-02 McDonnell Hall, Princeton University

A travelogue on clipper ships

Don McBride will give a travelogue presentation about the Star Clipper, a four-masted clipper ship that offers cruises in the Caribbean and the Mediterranean, and other clipper ships.



Tuesday, March 3, noon to 1 p.m., MBG Auditorium

BROCK
MARK GAZO
Chef Manager



BREAKFAST 7 a.m. • 10 a.m.
 CONTINENTAL BREAKFAST 10 a.m. • 11:30 a.m.
 LUNCH 11:30 a.m. • 1:30 p.m.
 SNACK SERVICE until 2:30 p.m.

	Monday February 23	Tuesday February 24	Wednesday February 25	Thursday February 26	Friday February 27
COMMAND PERFORMANCE Chef's Special	Ota-Ya Sushi	Baked Ziti with Roasted Veggies Served with Garlic Bread	<small>GORDON RAMSEY "HOME COOKING"</small> Pork Chops with Manchego & Membrillo served with Apple Crumble, Asparagus with Lemon Tarragon Hollandaise and Mini Chocolate Tart with Peanut Brittle	Carved Glazed Ham with Roasted Sweet Potatoes and Vegetable	Baked Tilapia with Crab Stuffing and Vegetable
Early Riser	Waffles with Chicken Fingers and Maple Syrup	Smothered Hash Browns with 2 Eggs any Style	Potato Knish with 2 Eggs any Style	Ham and Cheddar Croissant	Pork Roll, Onion and Cheddar Omelet
Country Kettle	Curry Chicken Rice	Black Bean Cilantro	Beef Noodle	Tomato Bisque with Rice	Southwestern Shrimp and Corn Chowder
Grille Special	Rodeo Burger with Onion Rings, BBQ Sauce, Bacon and Cheddar Cheese	Apples and Ham Melt with Cheddar Cheese on Texas Toast Served with Sweet Potato Fries	Pastrami and Swiss Cheese with Sauerkraut and Thousand Island Dressing on Rye	Homemade Greek-Style Turkey Burger on a Wheat Roll with Lettuce, Tomato and Tzatziki Sauce	Philly-Style Garlicky Greens and Egg with Provolone Cheese on French Bread
Deli Special	Egg Salad with Bacon Wrap	Tailgate Club Sandwich with Roast Beef, Turkey, Swiss Cheese, Bacon and Lettuce and Tomato	Turkey Salad with Cranberries and Walnuts on Whole Grain Roll	Chick Pea and Tuna Salad Wrap	Miami Chicken - Grilled Chicken Breast with Ham, Swiss Cheese, Pickles and Dijonnaise on Ciabatta Bread
Panini	Shredded Pork Quesadilla	Creamed Tuna on Toast Point	Pastrami and Cheddar Stromboli	Grilled Vegetables and Hummus Wrap	Prosciutto, Fresh Mozzarella Cheese, Tomato and Basil on a Torpedo

MENU SUBJECT TO CHANGE WITHOUT NOTICE

Celebrity Guest Chef Series

VEGETARIAN OPTION

WEEKLY

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The PPPL WEEKLY is published by the [PPPL Office of Communications](#) on Mondays throughout the year except for holidays.

DEADLINE for calendar item submissions is noon on WEDNESDAY. Other stories should be submitted no later than noon on TUESDAY.

Comments: commteam@pppl.gov ♦ PPPL WEEKLY is archived on the web at: <http://w3.pppl.gov/communications/weekly/>.