



October 29–November 4, 2018

Open Enrollment 2019

Monday, Oct. 15–Friday, Nov. 9

Open Enrollment 2019

- If you are enrolled in a medical plan, and do not make an election for 2019, you will be defaulted into the Consumer Directed Health Plan (CDHP) at the same coverage level
- Use ALEX, an online decision support tool to help you choose the best healthcare plan options for you. Ask ALEX at <https://www.myalex.com/princeton/2019>
- New Voluntary Benefits for 2019

Contact the Benefits Team at 8-3302 or benefits@princeton.edu with questions

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Open Enrollment 2019

Walk-In Office Hours

Location: HR Conf. Rm. B173

Oct. 30 9 a.m.–5 p.m.

Nov. 7 9 a.m.–5 p.m.

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Open Enrollment 2019

Benefits Presentation

Tuesday, Oct. 30

12 p.m., MBG Auditorium

If you missed the Benefits Fair, here's your chance
to learn more about 2019 benefits

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Coffee Taste Test

Tuesday, Oct. 30

8–10 a.m.

Cafeteria

**Come taste different coffees
and vote for your favorite!**



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Come celebrate!

**A special program
to recognize the
Knighthood of
Sir Steven Cowley**

**Wednesday, Oct. 31
10 a.m.**

M.B.G. Auditorium

**Light refreshments
will be available**

**Costumes encouraged
but not required**

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**America
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Clothing Drive**

Nov. 1–28

**Contribute to the clothing drive
for the Trenton Rescue Mission**

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**Be a sustainable
artist and enter
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Recycles Day
art contest!**

**Bring your recycled art
work to the LSB Lobby for
PPPL's America Recycles
Day celebration on Nov. 16**

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PPPL Physicists participate in the International Atomic Energy Agency meeting in India



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Staff learn about available benefits at 2018 fair



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Future engineers tour PPPL and get a dose of science



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A surprising discovery about a source of magnetic fields

Read more at
PPPL Today



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Make an appointment for your flu shot

Please call the Occupational Medicine Office (OMO) at x3200 to schedule an appointment.



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Clean the Can!

Make sure your work area is recycling correctly for recycling survey

PPPL will celebrate America Recycles Day on Nov. 16 and the Green Team will be doing a recycling survey

Think green, keep it clean

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Save
the Date

**World of
Thanks**

**Monday, Nov. 19
12:15 p.m.**

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Just Breathe — *Mindfulness Series*

Tuesdays, Nov. 20 and Dec. 12

12-12:30 p.m.

PPPL Furth Plasma Physics Library

**For PPPL students, faculty, and staff
Drop-in as often as you can!**

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PPPL Furth Plasma Physics Library

**For PPPL students, faculty, and staff
Drop-in as often as you can!**

Wanted: Tour Guides!

**Show off the Lab
to the public!**



Contact Jeanne Jackson Devoe, ext. 2757

Individual Retirement Counseling

Vanguard and TIAA are offering individual counseling sessions on campus to help you with your retirement planning.

To schedule a session, contact Lynn Herbine, lherbine@princeton.edu

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**How many
people at PPPL
are trained in the
STOP Program?**



**119 people are currently trained to
participate in the STOP program.
Are you one of them?**

**Contact Dorothy Strauss,
dstrauss@pppl.gov, ext. 3072,
if you would like training.**

**Safety first:
Use the STOP program!**

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BROCK

Premier

Jerry Vazquez

Chef Manager

Café

at PPPL

BREAKFAST 7 a.m. • 10 a.m.

CONTINENTAL BREAKFAST 10 a.m. • 11:30 a.m.

LUNCH 11:30 a.m. • 1:30 p.m.

SNACK SERVICE until 2:30 p.m.

	Monday October 29	Tuesday October 30	Wednesday October 31	Thursday November 1	Friday November 2
Sizzle AM	Bacon, Egg, and Cheese on English Muffin	Sausage, Egg, and Cheese Biscuit	Jersey Omelet Eggs, Pork Roll, Potatoes, and American Cheese	Breakfast Quesadilla	Country Loaded Omelet Onions, Peppers, Mushroom, Potatoes, and Cheese
Stock	Roasted Corn and Red Pepper Chowder	Vegetarian Pumpkin		Chicken Rice	Loaded Potato with Bacon and Cheddar
Craft	Egg Salad Sandwich Egg Salad, Bacon, Lettuce, and Tomato on Pumpernickel	Buffalo Turkey Sandwich Roasted Turkey with Blue Cheese Dressing, Lettuce, and Tomato	Ham and Swiss Cheese Club Ciabatta	Grilled Chicken, Ham, Swiss, and Wilted Spinach	Spicy Pork Sandwich Sliced Pork, Onions, Avocado, Spinach, and Tomato
Sizzle PM	Philly-Style Pork Sandwich Sliced Pork with Broccoli Rabe and Provolone	Crispy Shrimp Tacos Fried Shrimp Served in a Tortilla with the Works	Greek Chicken Gyro Sliced Chicken Wrap in a Pita Bread	Pizza Burger Burger Topped with Tomato Sauce and Cheese	Eggplant, Provolone, and Arugula Melt
Discover	Chicken Fajitas South-of-the-Border Chicken Fajitas	Chicken Caesar Salad Chicken Caesar Salad Tossed to Order	Stuffed Salmon Filet of Salmon Stuffed with Mushrooms, Sun-Dried Tomatoes, and Herbs	Sushi	Shrimp Stir-Fry Shrimp Sautéed with Vegetables in an Asian Sauce
Panini	Tomato, Fresh Mozzarella, Spinach, and Pesto	Roasted Vegetable with Provolone Cheese Melt	Muffaletta Ham, Salami, Roasted Peppers, and Olive Tapenade	Chipotle Turkey Chipotle Turkey, Swiss, Spinach, and Tomato	Homemade Meatball Parmesan

MENU SUBJECT TO CHANGE WITHOUT NOTICE



Jerry Vazquez
Chef Manager



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