

December 10-16, 2018

Just Breathe — Mindfulness Series

Tuesday, Dec. 11 12-12:30 p.m. PPPL Furth Plasma Physics Library

For PPPL students, faculty, and staff

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Just a few more days to donate to the holiday food drive!

Through
Wednesday,
Dec. 12
LSB Lobby

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COLLOQUIUM

AI/Deep Learning and Acceleration of Progress Toward Delivery of Fusion Energy

William Tang

PPPL

Wednesday, Dec. 12 4:15 p.m., M.B.G. Auditorium, Lyman Spitzer Building

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Wednesday, Dec. 12 4:15 p.m., M.B.G. Auditorium, Lyman Spitzer Building Director Steve
Cowley discusses
what brought
him to PPPL

Read more at PPPL Today



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New PPPL employees gather for a Laboratory tour led by Ray Camp



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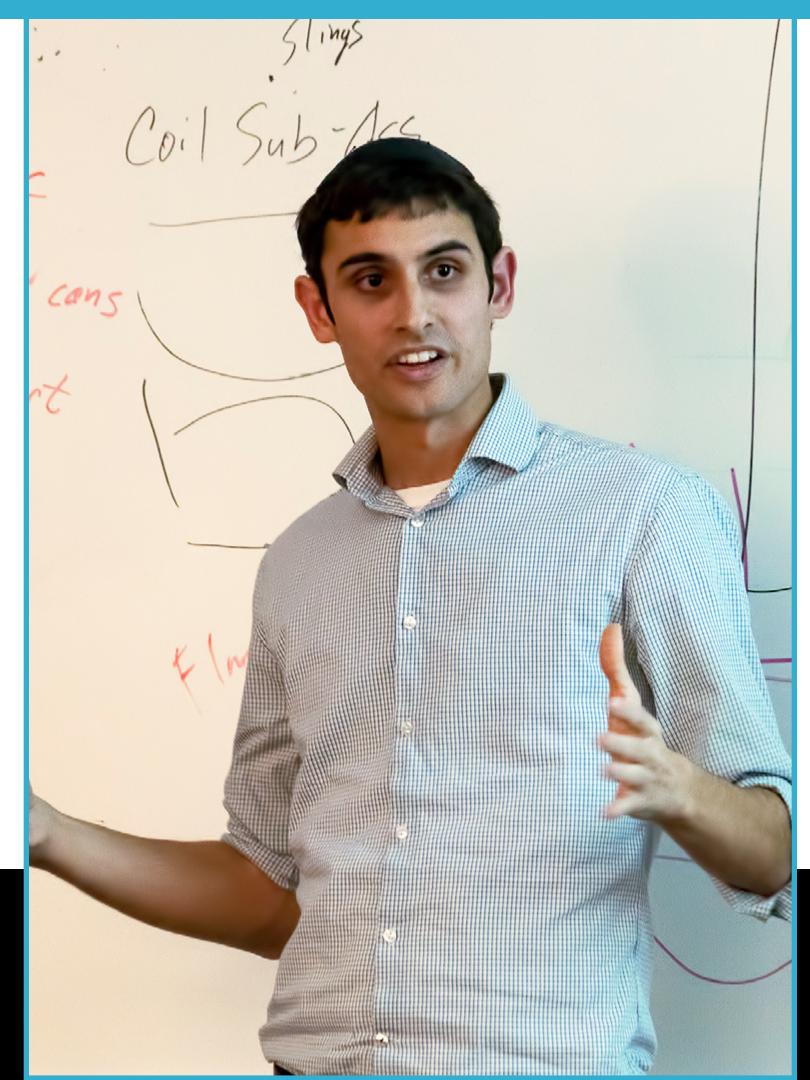


Panel explores commercialization ideas for PPPL and PU inventions at Innovation Discovery Event



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Deedee Ortiz
earns the coveted
United Way
Bakeoff trophy



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Annual Photo Shoot



Wednesday, Dec. 19 9:30 a.m.

in front of the Lyman Spitzer Building lobby

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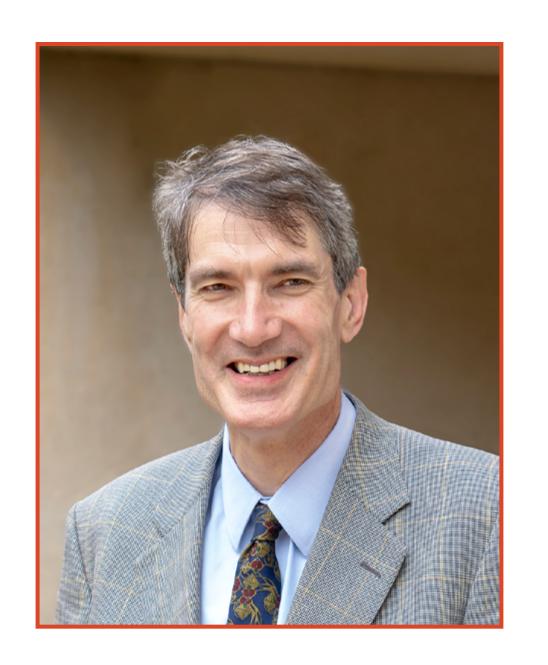
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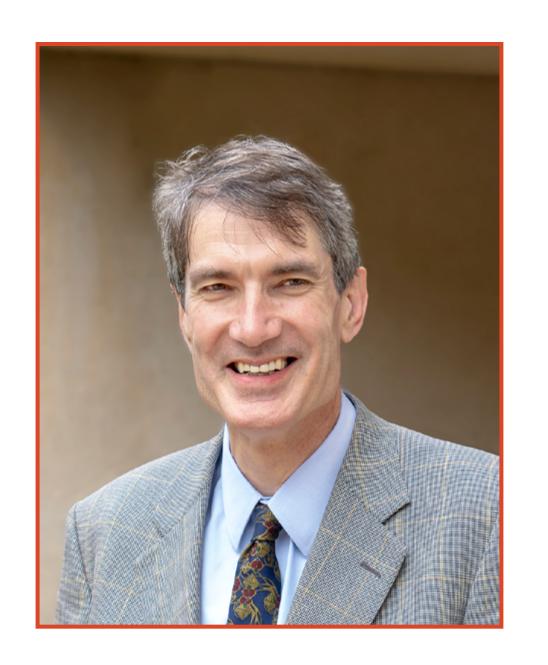
State of the Lab with Director Steve Cowley



Wednesday, Dec. 19 10 a.m. MBG Auditorium

Reception to follow

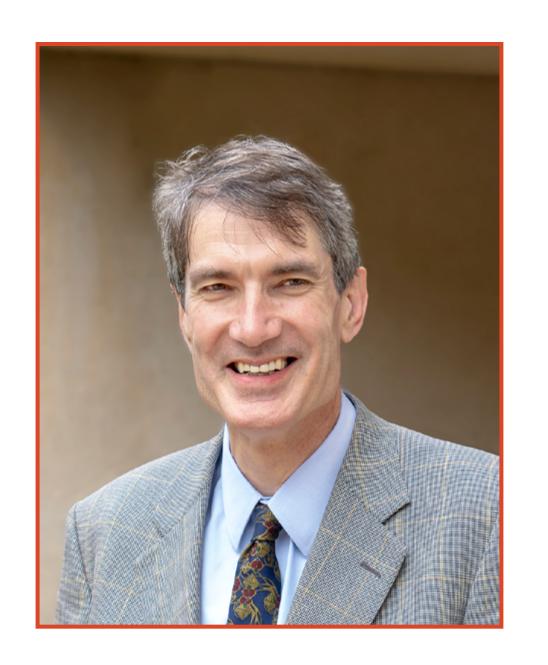
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Food Donation and a Game

Saturday, Dec. 15

2 p.m.

Jadwin Gym, Princeton University

Bring a non-perishable food item to Princeton University Women vs. Marist for a discounted admission

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Yarn Donation

Through Friday, Dec. 21
1st floor of Clio Hall
or 4 Mercer St., Princeton

Donate yarn to be used to knit for those in need, including blankets for disabled veterans, infant caps for newborns in the hospital, and hats and scarves for the homeless

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12 p.m.
LSB Lobby

Skit to follow at 1:30 p.m.

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PPPL Staff & Family (and Friends) Ski/Snowboard Trips

Monday, Jan. 21, 2019

Shawnee Mountain, Shawnee-on-Delaware, PA

Registration Deadline: Wednesday, Jan. 16, 2019 (4 p.m.) Saturday, Feb. 16, 2019

Blue Mountain Resort, Danielsville, PA

Registration & Payment Deadline: Wednesday, Feb. 6, 2019 (4 p.m.)

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2019 Young Women's Conference

March 22, 2019 at Princeton University Register your future scientist!

Contact Deedee Ortiz, dortiz@pppl.gov, ext. 2785 or see PPPL Today for more information

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Wanted: Tour Guides!

Show off the Lab to the public!



Make an appointment for your flu shot

Please call the Occupational Medicine Office (OMO) at x3200 to schedule an appointment.



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Can I make STOP observations in areas outside my work area?

Safety staff can accompany you if you'd like to conduct a STOP observation in an area with which you are not familiar. (Fresh eyes have a lot to offer!)

For more information, contact Dorothy Strauss, dstrauss@pppl.gov, ext. 3072

Safety first:
Use the STOP program!

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| BREAKFAST | |
|-----------------------|-----------------|
| CONTINENTAL BREAKFAST | |
| LUNCH | |
| SNACK SERVICE | until 2:30 p.m. |

| | Monday December 10 | Tuesday December 11 | Wednesday December 12 | Thursday December 13 | Friday December 14 |
|-----------|------------------------------------------------------------------------------|-------------------------------------------------------------------------------|----------------------------------------------------------------------------|----------------------------------------|----------------------------------------------------------------------------------------|
| Sizzle AM | Italian Omelet Sausage, Peppers, Onions, and Mozzarella | Midwest Breakfast Burrito Ham, Jack Cheese, Peppers, and Onions | Garden Vegetable Omelet | Egg, Bacon, and Cheese Muffin | New England Clam Chowder |
| Stock | Split Pea with Ham | Garden Vegetable | Chicken Lemon Orzo | Black Bean | Red Hummus with Roasted Vegetable Wrap |
| Craft | Chicken Salad B.L.T. | Ham, Brie, and Apples | Roasted Asparagus, Roasted Peppers, Zucchini, and Spinach | Stuffed Tomato with Tuna Salad | Fish and Chips |
| Sizzle PM | B.B.Q. Chipotle Pork Roasted Pork with a Chipotle Barbecue Sauce | Hot Turkey Hero | Greek Burger Hand-Shaped Beef Burger with Spinach, Tomato, and Feta | Philly Cheese Steak Flatbread | Mole Chicken Served Over Rice—Chicken Breast Served with a Mole Sauce and Spanish Rice |
| Discover | Chicken Stir-Fry Chicken Breast Sautéed in a Stir-Fry Sauce over Rice | Flat Iron Steak with Roasted Potatoes and Vegetables | Italian Chicken Served Over Bowtie Pasta | Sushi | Roast Beef, Swiss, Spinach, and Chipotle Sauce |
| Panini | Asian Sesame Vegetable Wrap | Corned Beef Reuben Corned Beef, Sauerkraut, Russian Dressing, and Swiss | Steak with Sautéed Onions and Blue Cheese | Grilled Cheese and Black Forest Ham | |





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